

MRM-Strike Forms Tutorial

Navigating the App & Signing In and Out



Hi again! Once you've created your account, you're going to want to review this video on how to use MRM-Strike Forms to ensure you get paid for performing strike duties.

Reasons to log into MRM-Strike Forms

1. Contact information for Strike Committee
2. Verify strike calendar and picket locations
3. Scan the QR code at the picket line
4. Verify timesheets to ensure accuracy
5. Show your QR code to pick up your cheque

There are 5 main reasons you will want to log into Strike Forms: 1 – to access contact information for the strike committee, 2 - to check the strike calendar and see what picketing shifts and locations you have been assigned to; 3 – to scan the QR code at the start and end of your shift at the picket line, 4 – to verify your timesheet after every shift, to be sure your strike pay will be accurate and 5 – to show your QR code when it's time to pick up your cheque.

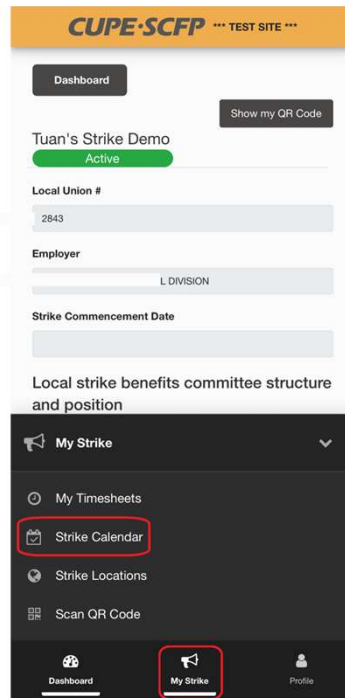
1. Contact information for Strike Committee

The screenshot shows the CUPE-SCFP app interface. At the top, there's a header with the CUPE-SCFP logo and '*** TEST SITE ***'. Below this is a 'Dashboard' button and a 'Show my QR Code' button. The main content area displays 'Tuan's Strike Demo' with an 'Active' status. Below this are input fields for 'Local Union #', 'Employer', and 'Strike Commencement Date'. A section titled 'Local strike benefits committee structure and position' contains a table with three columns: Name, Position, and Email Address. The table lists three members: Sharon (Chairperson, Strike Benefits Committee), Pat (Picket Captain), and Brittany (Trustee). The bottom navigation bar has three icons: a dashboard icon (highlighted with a red box), a 'My Strike' icon, and a 'Profile' icon.

Name	Position	Email Address
Sharon	Chairperson, Strike Benefits Committee	cupeLocalTestChair@gmail.com
Pat	Picket Captain	cupeLocalTestPicketCapt@out
Brittany	Trustee	cupeLocalTestTrustee@outloo

After logging into the app, your dashboard will display the committee contact information.

2. Strike calendar



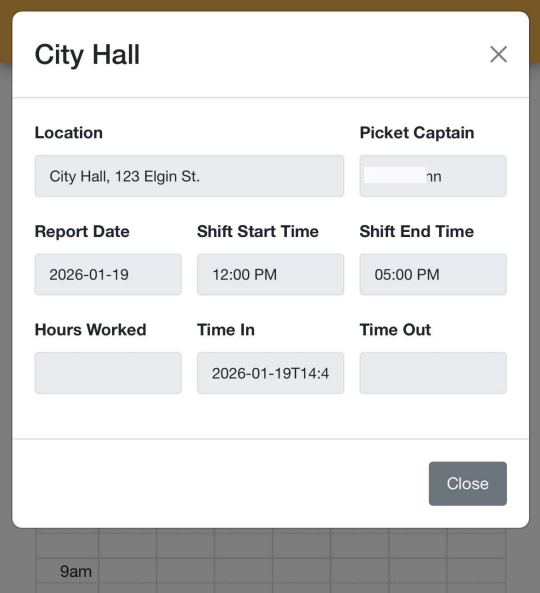
Now, let's check the strike calendar for our fictional picketer – Gail. First click on My Strike, then Strike Calendar

2. Strike calendar



You should see something like this.

2. Strike calendar



A screenshot of a web application showing a modal form titled "City Hall" with a close button (X) in the top right corner. The form is divided into several sections with labels and input fields. The "Location" section contains a text field with "City Hall, 123 Elgin St.". The "Picket Captain" section contains a text field with "nn". The "Report Date" section contains a date field with "2026-01-19". The "Shift Start Time" section contains a time field with "12:00 PM". The "Shift End Time" section contains a time field with "05:00 PM". The "Hours Worked" section contains a text field. The "Time In" section contains a time field with "2026-01-19T14:4". The "Time Out" section contains a text field. At the bottom right of the form is a "Close" button. Below the form, a portion of a calendar grid is visible, showing a date labeled "9am".

Location	Picket Captain
City Hall, 123 Elgin St.	nn

Report Date	Shift Start Time	Shift End Time
2026-01-19	12:00 PM	05:00 PM

Hours Worked	Time In	Time Out
	2026-01-19T14:4	

Close

9am

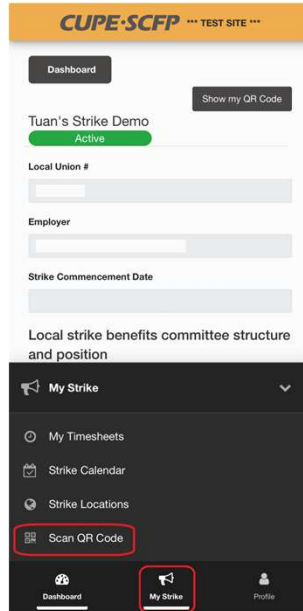
When you click on the calendar event, you will see the date, start time, end time and location.

When You Arrive For Picket Duty



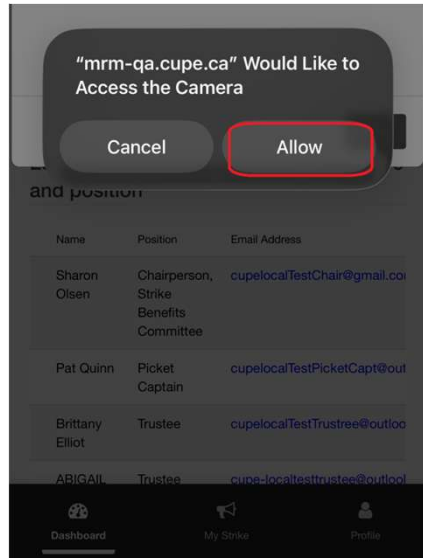
And now, let's go over how to sign in and out of picket duty. Each strike shift and location has a unique QR code that we would like you to scan using your mobile device when you arrive for your shift and as you complete your shift.

3. Scanning In Using Your Mobile Phone



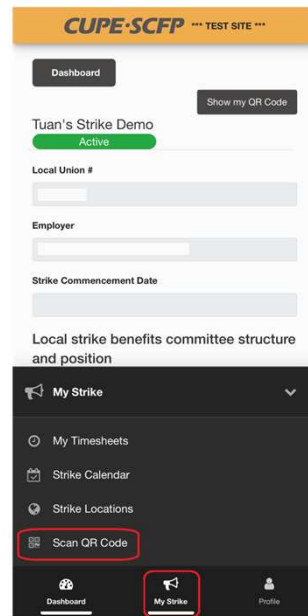
There are 2 ways to do this, the easiest being logging into the app on your phone, clicking on “My Strike” and selecting “Scan QR Code”

3. Scanning In Using Your Mobile Phone



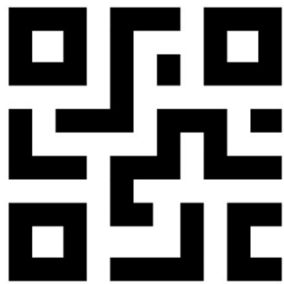
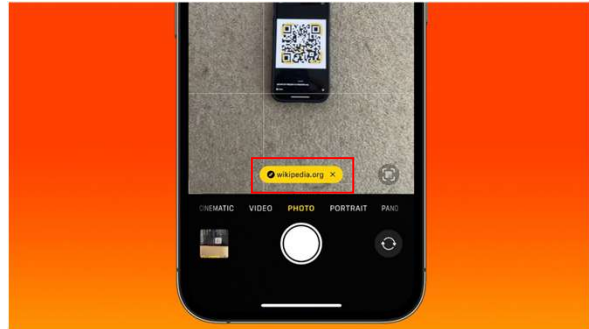
The first time you do this, you will need to grant MRM-Strike Forms access to your camera. Click “allow” to move forward.

3. Scanning Out Using Your Mobile Phone



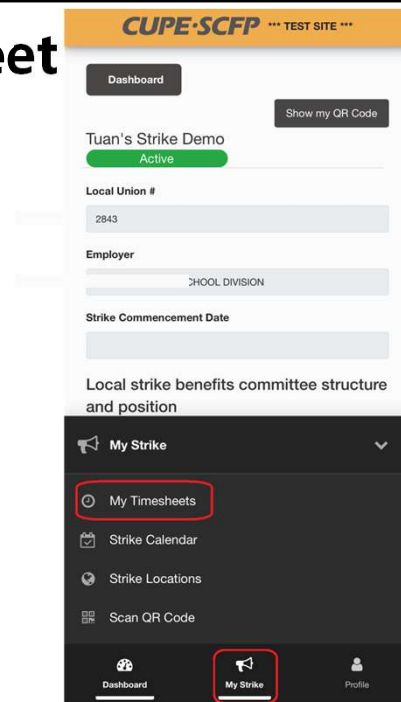
Repeat these steps at the end of your scheduled shift.

3. Scanning In or Out Using Your Phone Camera



An alternative option for signing in and out is using your device camera to scan the QR code at the beginning and end of each shift. When hovering over the code a URL will appear and you must click on it. You may have to login manually to Strike Forms if you select this option.

4. Checking Your Timesheet



Lastly, let's review how to check your timesheet. Click on My Strike and "Timesheets" to review all your sign in and sign out times.

4. Checking Your Timesheet

CUPE-SCFP * TEST SITE *****

My Timesheets

Timesheets

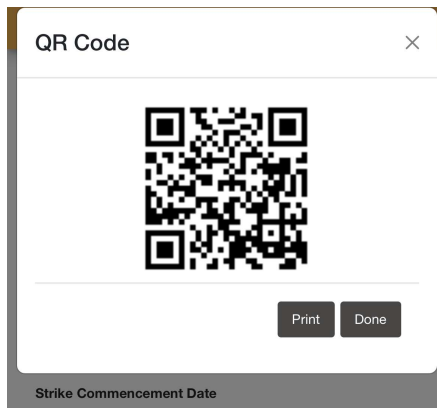
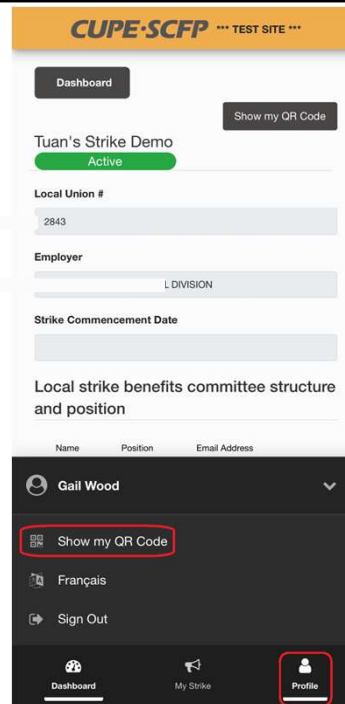
Report Date	Time In	Time Out	Hours Worked	Location Name	Picket Captain
14-Jan-2026	10:30 AM	17:45 PM	7.25	Byward Market	Pat Quinn
14-Jan-2026	08:00 AM	16:15 PM	8.25	JOE	Pat Quinn
14-Jan-2026	12:00 PM			City Hall	Pat Quinn
19-Jan-2026	14:45 PM			City Hall	Pat Quinn

Total Records: 4 Results To Show << 1 >>

Dashboard My Strike Profile

We recommend doing this after each shift, this way your Picket Captain can make adjustments on the spot if there is an error.

5. Showing your QR Code



Now let's save your QR code. If you have access to a computer and printer, printing it and keeping it in your jacket pocket could be useful. Another way is by using your mobile device and creating a screenshot image of your QR code. You will need it to collect your cheque after each week of the strike.

Cheque distribution

Cheque Distribution

Name

Date payment remitted

Cheque No. (if applicable)

Total amount

Your name

26-Jun-2026

29

\$ 350.00

Notes

Click Here To Sign

Local Member

Your name

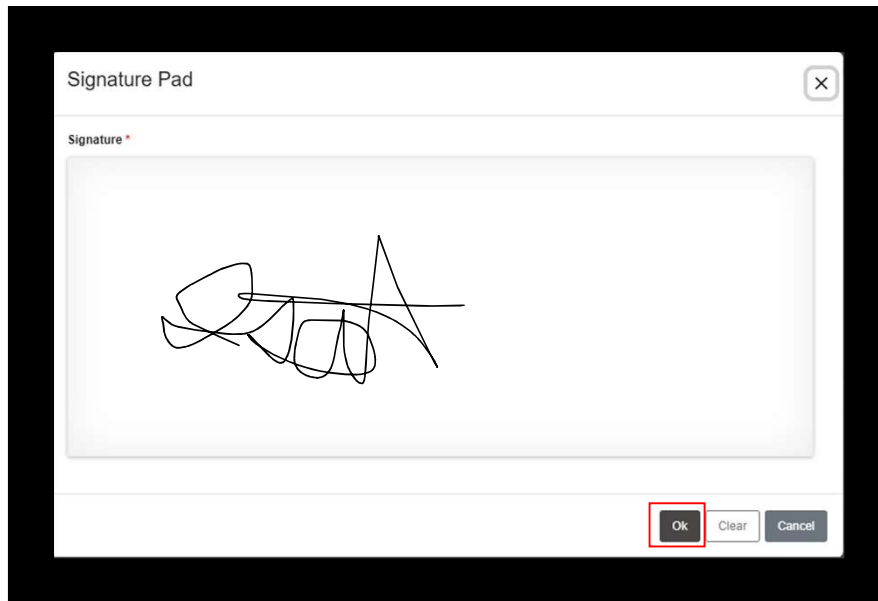
Save

Cancel

When the time comes to pick up your cheque, you will be asked by the Picket Captain to Show your QR code and sign to certify that you have received it. After the Picket Captain scans your code the following will pop-up on their screen.

Click above your name to sign using the phone, tablet or computer.

Cheque distribution



Drag your finger or the mouse in the signature pad and click OK.

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& Signing In and Out



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That's it! This is how you will be using the app over the course of your strike. We hope this tutorial has been useful for you. You can download this video or watch it again by clicking on the link you received by email. We wish you the best of luck in your upcoming strike. Solidarity!